



# SEL Connection Teacher Guide

## Social Emotional Learning Success

Ensure your students find success by teaching SEL Lessons with fidelity, empathy, and God's Word.

### Am I Ready to Teach Social Emotional Learning?

One way to prepare yourself to teach Social Emotional Learning is to check in with yourself and your relationship with God.

- I have called on God to guide me while I prepare to teach my class how to use their thoughts, words, and actions to live out His Word.
- I have checked in with myself and am feeling calm, centered, and ready to manage my class as they start their Social Emotional Learning journey.
- I have a goal in mind and a purpose for teaching Social Emotional Learning.
- I have read over the Social Emotional Learning lessons at least once and am ready to answer my class's questions and recall past lessons if needed.

### Is My Class Ready to Learn Social Emotional Learning?

Your class will need preparation before you teach the Social Emotional Learning lessons. They will need to understand that they will be learning about themselves and how God and their thoughts, words, and actions can guide them in their life.

- I have prepared my class by telling them that Social Emotional Learning is already something we do every day just by interacting with others and having thoughts and feelings! But, sometimes in class, we will talk more about our feelings, thoughts, and actions.
- I have thoughtfully paired my class and created SEL partners so that they have a peer to think with and talk to during lessons.
- If I wanted, I could create a class "SEL Wheel" and explain each aspect of SEL.

### Have I Communicated with all Stakeholders?

One way to ensure success and fidelity when you begin teaching Social Emotional Learning is to be open and communicative with your parent community, coworkers, and administration. This will ensure that you have support and understanding while you guide your students on their SEL journey.

- I have communicated to parents about my Social Emotional Learning Goals for my classroom.
- I have established an open, two-way communication channel with parents so that they feel comfortable asking questions about SEL.
- I can, if I choose, send home a list of read aloud books to continue their learning at home.
- I have communicated with my grade level and school administrators about the importance of Social Emotional Learning and its connection to academic, emotional, and social success.
  - [CASEL The Impact of Social Emotional Learning](#)